



The Aligned[®] Care Programme

A Holistic and Whole Person Approach to Patient Care

MA TRAINING ENTERPRISE

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Aligned Care Diploma for Long Term Conditions

A holistic, whole person approach to patient care.

Introducing a unique online training course for healthcare professionals that offers a complete approach to managing patients with long term conditions.

Making a difference to patient care, health outcomes, your job satisfaction and your motivation, personalised and holistic care has been talked about for many years within the healthcare arena and yet how do we upskill our front-line health professionals to be able to take this into their everyday consulting and interactions.

Working in partnership with doctors, nurses, HCA's, pharmacists and other healthcare professionals, the Aligned Care Diploma has been designed to equip all front-line health professionals with the skills and tools needed to tackle these challenges.

Online Learning

Recognising the fact that it is not always easy to free yourself or your team up to attend live training, the Aligned Care Diploma course can be completed online at a time and pace that suits you.

The diploma covers the following main areas:

- Understanding long-term conditions, the symptoms and impact
- Reviewing the problems with the traditional way of working
- Recognising how changes within your consulting style can align with the NHS long term plan
- Why it is important to see the person and not the condition
- Understanding the barriers to behaviour change
- The psychology of motivation and the impact of identity, values and beliefs
- How to get underneath the surface of what is stopping the person changing their behaviour
- Why education and advice do not always work
- The key steps to taking a coaching and motivational interviewing approach in your consultations
- The cross-implications of multiple morbidities
- Dealing with multiple morbidities and polypharmacy in a holistic and aligned way
- How to build a collaborative partnership relationship with your patients
- Enhancing your listening skills

The course is delivered via video with training, demonstrations and exercises to encourage delegate interaction, this will enable you to take the skills you learn into practice.

To book or for more information please email info@matrainingenterprise.co.uk or call Annette on 07866 491183 or Jo on 07717 378018



An Aligned Approach to Impacting Health Inequalities Leading the way to make a difference

One Day Workshop - Thursday 28th July from 10:30 until 16:00

The Workshop

A one-day interactive, powerful and thought-provoking workshop developed for Managers, Partners, Healthcare Leaders, Organisational Heads and Commissioners to identify and consider their individual and organisational roles and responsibilities in leading from within the change in health inequalities.

Through highly effective facilitation, during the workshop we will look at the following:

- How are inequalities in health evident within the communities you serve
- What is the real-life impact on the mental, social and physical health of those faced with these inequalities
- Stepping into the shoes of the members of your communities, what stops you engaging with the services available to you and changing your behaviour to benefit your health
- What needs to change in the culture of your organisation and how can you make an impact on this change
- How can this change positively impact everyone involved
- What are the challenges in reducing inequalities within your communities and how can these challenges be addressed
- What skills are missing for you and the professionals who interact with those suffering from inequalities in your communities

Cost £195 + VAT

**Early Bird Discount if you book by 14th July you pay just £125 + VAT
Discounts are available for multiple places booked.**

Scan the QR code to book or find out more



Commissioned Courses Tackling Health Inequalities from the Front Line

Our two-day Aligned Care Programme for health inequalities provides the skills needed for the clinical staff and front-line social workers who are often in the position to identify and manage people who may be vulnerable and victims of health inequalities.

The course is suitable for all clinical and non-clinical health and social café professionals who provide a service to those people that may be impacted by the health inequality challenges that our society faces every day.

This programme can be commissioned by your organisation, please contact annette@matrainingenterprise.co.uk for more information.